



**NZ Society of Clinical & Applied Hypnotherapy Inc**

# **Application for Membership Criteria / Information**

# Tiers of Membership

- Student Member
- Full Member
- Honorary Life Member
- International Member
- Registered Member

# Membership Criteria

## **Student Member**

- (i) Currently enrolled as a student studying with the NZ School of Clinical Hypnotherapy Standard Course or Fast Track Course
- (ii) Having been granted Student Member Status.

### **OR**

- (i) Have completed the NZSCAH Application & Assessment Process.
- (ii) Having been granted Student Member Status.
- (iii) Actively engaged in further training / study as approved by the NZSCAH Membership Assessment Sub-Committee, to meet the NZSCAH 3600 Hour Course Criteria.

## **Full Member**

Having been granted Full Member Status. Fulfilling the Criteria as set down by the Executive and meeting the Society Requirements by completion of the 3600 Hour Diploma Course.

## **Honorary Life Member**

A Full Member or Registered Member of NZSCAH having been granted Honorary Life Membership by the special invitation of the NZSCAH Executive.

## **International Member**

Having completed the NZSCAH 3600 Hour Diploma Course Requirements and not residing or practicing in New Zealand and being granted International Member Status.

## **Registered Member**

Having completed all of the Application Requirements for a Registered Member and being granted Registered Membership Status. Residing and Practicing in New Zealand.

## Minimum Course Requirement – Definition

The NZ Society of Clinical & Applied Hypnotherapy Inc has as its Minimum Hypnotherapy Qualification Level:-

- A Diploma of Clinical Hypnotherapy
- Minimum 3600 Hours
- At the equivalent of Level 6 NZQA or above
- Including the number of hours specified for each of the topics listed in the NZSCAH Approved Course Requirements
- The hypnotic processes learned and utilized must be those as taught by the NZ School of Clinical Hypnotherapy

To gain Membership at Student Level, an applicant would need to either be studying with the NZ School of Clinical Hypnotherapy or be engaged with further study towards the 3600 Hour Diploma Level through NZSCAH recommended study programmes.

## Minimum 3600 Hours

The following list specifies the Components and Hours included in the NZSCAH Approved Course Requirements:-

<b>Component</b>	<b>Hours</b>
Counseling	520
Psychology & Human Behaviour	280
Physiology / Anatomy / Psychopharmacology	180
Human Sexuality	340
Stress Management	190
Self Hypnosis	160
Hypnotic Regression	190
Pain Management	340
Therapy Writing Skills	200
The History of Hypnosis	60
Hypnotic Techniques	150
Related Law & Clinical Practice Requirements	150
Advanced Treatment Programmes	250
Clinical Practice	350
Supervision	240
<b>TOTAL</b>	<b>3600</b>

## Hypnotic Processes

The hypnotic and hypnotherapeutic processes, methodologies and techniques recognized by NZSCAH are those as taught by the NZ School of Clinical Hypnotherapy.

For those Components of the NZSCAH Recognised 3600 Hour Course that involve hypnotic / hypnotherapy processes or stress management techniques, only those techniques, processes or methodologies as taught by the NZ School of Clinical Hypnotherapy can be applied to these Components.

However some of these Components have a theory component within them. For example:-

### Human Sexuality

Within the Human Sexuality Component there are theory elements pertaining to knowledge of human sexuality as well as elements of designing treatment programmes and therapy writing for dealing with sexual problems with clinical hypnotherapy. Your previous studies and training may provide RPL (Recognition for Previous Learning) for the theory elements whilst not allowing for the hypnosis-hypnotherapy elements.

## NZSCAH Application Assessment Process

For those hypnotherapists wishing to join NZSCAH, having not previously trained with the NZ School of Clinical Hypnotherapy, and noting that NZSCAH does not recognize in its Recognised Course, hypnotic or hypnotherapy methods or practices other than those taught by the NZ School of Clinical Hypnotherapy, NZSCAH offers an Assessment Process that will enable both Applicants and NZSCAH, to establish their compliance in terms of the NZSCAH Minimum Course Requirements.

When an Application is received, the NZSCAH Assessor will take the Applicant's Evidence and apply this through the Assessment Process, to the NZSCAH Minimum Course Requirements.

RPL (Recognition for Prior Learning) will be applied wherever applicable, and appropriate.

Applicants will receive back a typed summary listing which Components they have been granted RPL for and which ones they would need to complete in order to fulfill the Minimum Course Requirement.

They would also receive a recommendation on how this could be achieved.

Further on in this Document is a breakdown of the Minimum Course Requirements.

## Evidence Required – Training Levels

Recognition for a qualification or training will only be given for qualifications or training courses that have been conducted by a reputable private training establishment, university or polytechnic.

If you are unsure whether the institution you have studied with will meet the NZSCAH Standard, contact the Secretary of NZSCAH.

The NZSCAH Assessor will also be looking at the Level of the Course and the Level of the Individual Component being used as evidence.

When sending in evidence to support an Application for Assessment take note of the following:-

- Application Supporting Documentation Form Must be Completed

This is very important. The Assessor will not spend time looking for documentation or supporting evidence. The applicant must supply the evidence and document this on the list against each Component, what evidence is being supplied.

- Photocopied Evidence Only Supplied

All evidence sent in should be photocopies only. No originals should be sent.

- Qualifications

If applicants are referring to qualifications they must supply a photocopy of the qualification being referred to e.g. a copy of the Diploma or Degree. A Record of Learning from NZQA or from a Polytechnic or University is also acceptable.

- Course Details

If applicants are referring to Course Content it is important they document the content of the Course and supply photocopies of the Course Curriculum.

## Assessment Costs

The cost for Assessment is \$150.00. This can be paid by cheque which must accompany the Application for Assessment or paid by Internet Banking. For Internet Banking details contact the Secretary of NZSCAH.

If you wish to receive any of the following:-

- Application for Assessment

Or if you have any questions or queries, contact the Secretary of NZSCAH.

Donna-Maree Parker  
64b Tutauanui Crescent  
Maungatapu  
Tauranga 3112  
07 5449470      0272105404  
parkerclinics@clear.net.nz



# Individual Components

## Further Detail on the Individual Components – 3600 Hour Course

Component	RPL can be applied for	Includes Hypnotic / Hypnotherapy Techniques & Processes as taught by the NZ School of Clinical Hypnotherapy	Hours
<b>Counselling</b> Theories & Principles of Counseling – Counselling Skills & Techniques - Cross Cultural Counseling	√	X	520 hours
<b>Psychology &amp; Human Behaviour</b> Basic Theories & Principles of Psychology & Human Behaviour Abnormal Psychology	√	X	280 hours
<b>Physiology / Anatomy / Psychopharmacology</b> Body Systems - Major Organs of the Body The Theory & Applications of Psychopharmacology	√	X	180 hours
<b>Human Sexuality</b> Psychosexual Development Sexual Practices / Sexual Behaviour Sexual Problems Dealing with Sexual Problems with Hypnotherapy Designing Treatment Programmes and Writing Therapies	Psychosexual Development Sexual Practices / Sexual Behaviour Sexual Problems 170 Hours	Dealing with Sexual Problems with Hypnotherapy Designing Treatment Programmes & Writing Therapies 170 Hours	340 hours
<b>Stress Management</b> The affects of stress / tension on the body and mind Theories surrounding the origins and affects of stress / tension Development of Stress Management Programmes and working with Clients for Stress Management	The affects of stress / tension on the body and mind Theories surrounding the origins and affects of stress / tension 70 Hours	Development of a Stress Management Programmes and a Relaxation Exercise 120 Hours	190 hours
<b>Self Hypnosis</b> The purpose of using Self Hypnosis Learning to utilise Self Hypnosis Teaching Self Hypnosis Designing and Implementing Self Hypnosis Programmes Integrating Self Hypnosis into Hypnotherapy Programmes	X	√	160 hours
<b>Hypnotic Regression</b> Reading & Research on Hypnotic Regression The purpose of Hypnotic Regression Regression Testing Hypnotic Regression Technique Supervision	Reading & Research on Hypnotic Regression 80 Hours	The purpose of Hypnotic Regression Regression Testing Hypnotic Regression Technique Supervision 110 Hours	190 hours
<b>Pain Management</b> The physiological / emotional / psychological aspects of pain Hypnotherapy as a complimentary practice in pain management Designing Pain Management Treatment Programmes & Writing Therapies Testing for and Utilising Anesthesia Supervision	The physiological / emotional / psychological aspects of pain - Hypnotherapy as a Complimentary Practice in Pain Management 40 Hours	Designing Pain Management Programmes & Therapy Writing Supervision 300 Hours	340 hours
<b>Therapy Writing Skills</b> Learning the Basic Rules for Therapy Writing Writing Therapy Scripts - Supervision	X	√	200 hours
<b>The History of Hypnosis</b> The Key Figures from the History of Hypnosis	√	X	60 hours
<b>Hypnotic Techniques</b> Susceptibility Tests Hypnotic Inductions & Wake Ups Deepenings Ego Strengthening Rapid Inductions Therapies The making and use of Hypnotic Recordings	X	√	150 hours

Component	RPL can be applied for	Includes Hypnotic / Hypnotherapy Techniques & Processes as taught by the NZ School of Clinical Hypnotherapy	Hours
<b>Related Laws &amp; Clinical Practice Requirements</b> Knowledge of the:- Privacy Act Human Rights Act Health & Disability Act And how they relate to Clinical Hypnotherapists Clinical Practice Requirements including Materials, Lists of Agencies & Resources available in your area Advertising and Marketing Programmes	√	X	150 hours
<b>Advanced Treatment Programmes</b> Advanced Treatment Programmes and utilizing hypnotherapy as a complementary modality	X	√	250 hours
<b>Clinical Practice</b> <ul style="list-style-type: none"> <li>- Photos of Clinic</li> <li>- Examples of Advertising Materials</li> <li>- History of Clinic</li> <li>- Setting up of Clinic</li> <li>- Business Plan</li> <li>- Professional Development Plan</li> </ul> RPL Applied for time spent in the Development of existing clinic. Evidence required for the above.	√	X	350 hours
<b>Supervision (2)</b> Relaxation Exercise Hypnotic Recordings Client Reports Supervised Sessions Mentoring	X	√	240 hours